

# Haywood Academy PSHE

## Preparing Students Positively for life in 21<sup>st</sup> Century ...

Local Community

Britain

The World

### 1) Health and Wellbeing

- a) How to manage transition
- b) How to maintain physical, mental and emotional health
- c) Parenthood and the consequences of teenage pregnancy
- d) How to assess and manage risks to health and to stay, and keep others safe
- e) How to identify and access help, advice and support
- f) How to make informed choices about drugs, alcohol and tobacco
- g) How to respond in an emergency including first aid
- h) The role and influence of the media on lifestyle.

### 2) Relationships

- a) How to develop and maintain a variety of healthy relationships within a range of social/cultural contexts
- b) How to recognise and manage emotions within a range of relationships
- c) How to deal with risky or negative relationships, including all forms of bullying and abuse, sexual and other violence and online encounters
- d) The concept of consent in a variety of contexts
- e) Managing loss, including bereavement, separation and divorce
- f) To respect equality and be a productive member of a diverse community
- g) How to identify and access appropriate advice and support

### 3) Living in the Wider World

- a) To learn about rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy.
- b) How to make informed choices and be enterprising and ambitious.
- c) How to develop employability, team working and leadership skills and develop flexibility and resilience.
- d) To learn about the economic and business environment.
- e) How personal financial choices can affect you and others.

Topic	Strand	Year Group	Summary	Resources & Instructions	Further Details See
<b>Crash The Chatterbox</b>	1d,h,2a,b	7-11	Delivered by 'Ruby Girls', a performance that promotes positive self-esteem and aspirations. This session concentrated on social media, the pressures and how to overcome them. <a href="http://www.rubygirluk.com/love-me/">http://www.rubygirluk.com/love-me/</a>	<ul style="list-style-type: none"> <li>• Main Hall</li> <li>• Supervisory Role</li> <li>• Seat the classes in silence</li> <li>• Organise an orderly exit</li> </ul> <p><b>NB Year 7</b> should stay in the hall for an assembly during tutorial. Year 7 form tutors to take a paper register.</p>	JJ/TD
<b>Relationships</b>	1b, e, f, 2b, g	10	The Sexual Health Team are discussing with students the various forms of contraception and keeping healthy. They are advising on who to contact and where to go when seeking support and advice.	<ul style="list-style-type: none"> <li>• Class room base</li> <li>• Supervisory Role</li> <li>• Seat the class</li> <li>• Thank the speaker/lead applause</li> <li>• Organise exit</li> </ul>	JJ/TD

<b>Drugs Awareness</b>	1b, d, e, f	9	Delivered by a local police officer and education on the drugs that they are seeing, their effects and the impact this can have on an individual and local community. To be developed over year groups on later PSHE days.	<ul style="list-style-type: none"> <li>• Class room base</li> <li>• Supervisory Role</li> <li>• Seat the class</li> <li>• Thank the speaker/ lead applause</li> <li>• Organise exit</li> </ul> <b>NB</b> two classes have been put together for these talks	AB/TD
<b>First Aid</b>	1d, e, g	9 & 1 Year 8	Delivered by NHS nurses teaching basic CPR using inflatable dummies from a British Heart Foundation programme called 'Call Push Rescue'. This will be rolled out to all year groups during the year and developed next year to all year groups.	<ul style="list-style-type: none"> <li>• Class room base</li> <li>• Supervisory Role/Join In</li> <li>• Each student will be at a dummy</li> <li>• Thank the instructor/lead applause</li> <li>• Organise exit</li> </ul>	TD
<b>Road Safety</b>	1d	8	Delivered by the local council looking at stranger danger with the focus on the context of the journey to school. There will be the promotion of active travel and looking at the barriers that stop children walking, cycling, scooting to school.	<ul style="list-style-type: none"> <li>• Class room base</li> <li>• Supervisory Role</li> <li>• Seat the class</li> <li>• Thank the speaker/lead applause</li> <li>• Organise exit</li> </ul> <b>NB</b> two classes have been put together for these talks	AB/TD
<b>Dementia</b>	1b, e, 2f	8	Delivered by a speaker from carers first in response to the reaction the students gave last year on creating dementia 'toys'. A poignant and thought provoking session, the speaker will talk about working together as a city to create dementia friendly communities.	<ul style="list-style-type: none"> <li>• Class room base</li> <li>• Supervisory Role</li> <li>• Seat the class</li> <li>• Thank the speaker/lead applause</li> <li>• Organise exit</li> </ul> <b>NB</b> two classes have been put together for these talks	AB/TD
<b>Chris Thompson</b>	2f, 3a	7	Delivered by a member of the Burslem community talking about his humanitarian work in Ghana specifically in helping to build a school and clinic in a village there.	<ul style="list-style-type: none"> <li>• Class room base</li> <li>• Supervisory Role</li> <li>• Seat the class</li> <li>• Thank the speaker/lead applause</li> <li>• Organise exit</li> </ul> <b>NB</b> two classes have been put together for these talks	AB/TD

<b>Democracy</b>	3a, b, c	7-10	<p>First 20 minutes delivered by TD in the Sports Hall looking at the structure of the Student Parliament (to be shared with all staff in Monday's briefing 10/10).</p> <p>Next 40 minutes to be delivered by teacher using the resource provided to debate issues effecting the student body and who would want to represent their peers and why.</p>	<ul style="list-style-type: none"> <li>• Meet at the Sports Hall</li> <li>• Help sit students in silence</li> <li>• <b>NB</b> mixing of year groups</li> <li>• Help organise exit back to rooms timetabled</li> <li>• Carry out discussion and debate using stimulus provided.</li> </ul>	TD
<b>Careers</b>	3a, b, c	10-11	<p>Delivered by teacher using SH's resources. Students using a computer to join the 'start careers software'. Students rate their skills and interests to provide job suggestions and then carry out further research to look at job prospects and how to achieve them.</p>	<ul style="list-style-type: none"> <li>• Deliver lesson resources on shared area</li> </ul>	SH
<b>Growth Mindset</b>	1a, b, 3b	7 - 10	<p>Delivered by teacher using resources produced by PF/MB. Part of the whole school drive on promoting a growth mindset and to not be left in the PIT.</p>	Deliver lesson resources on shared area	MB/PF
<b>Bullying</b>	1a, b, d, e	7	<p>Delivered by teachers from resources produced by TD. Starting the discussion on what bullying actually is, the impact on individuals and where students can seek advice and support in school and outside of school.</p>	Deliver lesson resources on shared area	TD