

**Haywood Academy PSHE**  
**Preparing Students Positively for life in 21<sup>st</sup> Century ...**  
Local Community      Britain      The World

**1) Health and Wellbeing**

- a) How to manage transition
- b) How to maintain physical, mental and emotional health
- c) Parenthood and the consequences of teenage pregnancy
- d) How to assess and manage risks to health and to stay, and keep others safe
- e) How to identify and access help, advice and support
- f) How to make informed choices about drugs, alcohol and tobacco
- g) How to respond in an emergency including first aid
- h) The role and influence of the media on lifestyle.

**2) Relationships**

- a) How to develop and maintain a variety of healthy relationships within a range of social/cultural contexts
- b) How to recognise and manage emotions within a range of relationships
- c) How to deal with risky or negative relationships, including all forms of bullying and abuse, sexual and other violence and online encounters
- d) The concept of consent in a variety of contexts
- e) Managing loss, including bereavement, separation and divorce
- f) To respect equality and be a productive member of a diverse community
- g) How to identify and access appropriate advice and support

**3) Living in the Wider World**

- a) To learn about rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy.
- b) How to make informed choices and be enterprising and ambitious.
- c) How to develop employability, team working and leadership skills and develop flexibility and resilience.
- d) To learn about the economic and business environment.
- e) How personal financial choices can affect you and others.

**4) British Values**

- a) Democracy.
- b) The rule of law.
- c) Individual liberty.
- d) Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith.

Topic	Strand	Year Group	Summary	Resources & Instructions	Further Details See
<b>Police Road Safety</b>	4b, c 3a	11	Delivered by the local police the course looks at issues with young drivers that effects the local area. They show a hard hitting video on crashes that have taken place and the presentation includes parents who have lost children in car accidents. A Q & A session will be held to answer any of the student's questions.	NA <ul style="list-style-type: none"> <li>Supervisory Role</li> </ul>	AB/TD
<b>Fire Service Road Safety</b>	4b, c 3a	10	The Fire Service show a video called Fatal 4 and show children drinking whilst driving and the repercussions of those actions. They also show young adults using phones whilst driving. They highlight the time taken up by people's thoughtless actions that prevent the fire service attending an emergency. They will also be bringing a car simulator and students have a go in it.	NA <ul style="list-style-type: none"> <li>Supervisory Role</li> </ul>	AB/TD
<b>Samaritans</b>	1b, 2b,c e	11	An introduction from the Samaritans about who they are, why they were formed and how to contact them. The session then investigates emotional health – what it is and how to keep healthy. They explore topics around self-harm and what to do if you are struggling to cope.	NA <ul style="list-style-type: none"> <li>Supervisory Role</li> </ul>	AB
<b>Sexual Health</b>	1b, c, d, 2d		Presented by the North Staffordshire NHS sexual health team, the session offers students the chance to learn more about the sexual health services in the local area. The session concentrates on the students taking responsibility for their own sexual health and offers them strategies to make decisions. Confidentiality and safeguarding are two important areas that are addressed in this session.	NA <ul style="list-style-type: none"> <li>Supervisory Role</li> </ul>	TD/JJ
<b>First Aid</b>	1d, e, g	7	Delivered by NHS nurses teaching basic CPR using inflatable dummies from a British Heart Foundation programme called 'Call Push Rescue'. This has been rolled out throughout the year groups.	<ul style="list-style-type: none"> <li>Class room base</li> <li>Supervisory Role/Join In</li> <li>Each student will be at a dummy</li> <li>Thank the instructor/lead applause</li> <li>Organise exit</li> </ul>	TD
<b>Human Rights</b>	4b, c, d 3a	9	Presented by We, Shout Out UK a multi-award winning independent youth news network, The workshop will help students understand the European Court of Human Rights and the debate around replacing the Human Rights Act with a Bill of Rights as we leave the EU and why it's	<ul style="list-style-type: none"> <li>Class room base</li> <li>Supervisory Role</li> <li>Thank the lead &amp; applause</li> <li>Organise exit</li> </ul>	TD

			important for them to engage in this debate. The workshop will end with the students holding an interactive debate on 'Should We Have A UK Bill Of Rights'?		
<b>Knife Crime</b>	4b, c, d 3a	9 & 10	Delivered by the local police service this session looks at issues effecting the local area in terms of gang culture and knife crime. The session analyses a real life incident of knife crime and the impact that it has on individuals and the local area.	<ul style="list-style-type: none"> <li>• Class room base</li> <li>• Supervisory Role</li> <li>• Thank the lead &amp; applause</li> <li>• Organise exit</li> </ul>	TD
<b>Hate Crime</b>	4b, c, d 3a	9 & 10	Leading the presentation are project officers from North Staffordshire Challenge Project. There session looks at hate crime and the picking on people because they are different. They focus on what hate crime is, what the impact on people is, and the fact that certain behaviour can be considered a crime, especially in the outside world. They talk about 'stereotyping' and how that can lead to discrimination and hate crime. They also carry out an exercise where the young people are given short extracts from CVs for different candidates for a job – one of them has a conviction for hate crime and so the impact it can have on individuals later on in life.	<ul style="list-style-type: none"> <li>• Class room base</li> <li>• Supervisory Role</li> <li>• Thank the lead &amp; applause</li> <li>• Organise exit</li> </ul>	TD
<b>Drugs and Alcohol Awareness</b>	1b, d, e, f	9	Delivered by staff from Haywood Academy trained by a Young Person's Substance Misuse Prevention Officer from Stoke on Trent Council. The aim of the session is to encourage students to discuss and explore their thoughts and beliefs about alcohol And to explore the impact and risks of drinking alcohol for young people and adults. They then go on to consider the impact and relevant consequences of alcohol use and to learn how to keep their friends safe.	NA	TD
<b>Careers</b>	3a, b, c	11	Delivered by teachers, students use a computer to join the 'start careers software'. Students rate their skills and interests to provide job suggestions and then carry out further research to look at job prospects and how to achieve them.	<ul style="list-style-type: none"> <li>• Lesson plan</li> <li>• How to register</li> <li>• Powerpoint</li> <li>• Computers</li> <li>• See shared area</li> </ul>	TD
<b>Growth Mindset</b>	1a, b, 3b	7 - 10	Delivered by teachers using resources produced by PF/MB. Part of the whole school drive on promoting a growth mindset and to not be left in the PIT.	Deliver lesson resources on shared area	MB/PF

<b>Stress</b>	1b, d, e	11	A national highlighted topic is stress and anxiety amongst young people aged 14 – 19. This session looks at why students would get stressed, how to prevent the causes and looks at ways of dealing with stress and anxiety. From short-term relaxation response techniques to long term relaxation response techniques the students get a wide ranging view of what they can do to help themselves and peers who may find themselves in that situation.	Deliver lesson resources on shared area	MB
<b>Finance</b>	3b, d	11 & 10	Students learn how they can keep their finances secure. After the session students can recognise certain types of fraud and scams, know how to protect themselves and others from being caught out by fraud and scams and understand and use appropriately some of the key language relating to fraud and scams.	Deliver lesson resources on shared area	CB
<b>Anti-Social Behaviour</b>	3a, 4b, c	10	Students analyse the local crime statistics for Stoke on Trent North and see that ASB is the most frequently committed crime. They look at what activities are classed as ASB and the impact that it has on the local community. They also look at ways in which ASB can be prevented.	Deliver lesson resources on shared area	TD
<b>Computer Safe</b>	1h	7-9	Flagged as a national action, the importance of students being safe on line is a priority. Haywood have responded to this by putting computer safe sessions for all year groups. The session also creates an awareness of online content on self-esteem and image, and sensitivity to the vulnerabilities of others.	Deliver lesson resources on shared area	CD/GC
<b>Global Goals</b>	2f, 3a, 4d	7	As part of UNICEF's "World's Largest Lesson" campaign they have set out 20 goals that they would like to achieve for humanity and the planet. The students investigate the different goals that have been set out e.g. no poverty, quality education and gender equality. They analyse the problems and evaluate solutions.	Deliver lesson resources on shared area	TD
<b>Global Poverty</b>	2f, 3a, 4d	7	Following one of the specific global goals of reducing poverty students explore what poverty actually is and are made aware of 'extreme poverty'. They look at a specific case study in India and how they are trying to help people out of poverty. They evaluate the best way to achieve this. They then reflect on local issues and poverty in the area. They are asked how can we improve the situation and what can the specifically do about it to help.	Deliver lesson resources on shared area	TD
<b>Bio Flower Pots</b>	2f, 3a, 4d		Led by J Axton the students will be looking at climate issues and the need for renewable materials. The students will then create some biodegradable flower pots that will be sold at a local fair to raise money for the school's eco-committee.		JA